# MENU 1

### LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
World Bistro	World Bistro	World Bistro	World Bistro	World Bistro	World Bistro	World Bistro
Wing Bar	Taco Bar	Sausage Bar	Baked Potato Bar	Caribbean Bar	Closed	Closed
Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful
Wing Bar	Taco Bar	Sausage Bar	Chicken Fiesta Bowl	Caribbean Bar	Closed	Closed
Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table
Sausage Pasta Bake Glazed Cornish Hen	Sweet & Sour Pork Glazed Salmon w/ Fruit Salsa	Baked Chicken Quarter Meat Lasagna Vegetarian Lasagna	Chicken Parmesan Lo Mein Noodles	Honey BBQ Ribs Garlic Butter Salmon	Baked Chicken Quarters Parmesan Catfish	Vegetarian Lasagna Roast Beef
Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup
Baked Potato Maryland Crab	Tortellini Corn Chowder	Roasted Cauliflower Italian Wedding	Chicken Noodle Vegan Vegetable	Summer Minestrone Sausage & Chicken Gumbo	Chicken & Rice Corn Chowder	Broccoli & Cheese Beef & Barley

#### **DINNER**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table
Chicken Marsala Herb Roasted Chicken	Roast Turkey Tortilla Crusted Tilapia	Pepper Steak Baked Cod	Spaghetti & Meat Sauce Herb Baked Chicken	Chicken Fried Steak Oven Fried Catfish	BBQ Chicken Potato Crusted Cod	Meat Lasagna Baked Salmon
Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup
Italian Wedding	Clam Chowder	Gumbo	Broccoli & Cheese	Chicken & Rice	Italian Wedding	Chicken Dumpling

# MENU 2

### LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
World Bistro	World Bistro	World Bistro	World Bistro	World Bistro	World Bistro	World Bistro
Wing Bar	Taco Bar	Sausage Bar	BBQ Bar	Caribbean Bar	Closed	Closed
Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful
Wing Bar	Taco Bar	Sausage Bar	Salmon Sliders	Caribbean Bar	Closed	Closed
Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table
Peruvian Chicken Baked Salmon	Tortilla Crusted Tilapia Beef Rendang	Corned Beef Vegan Shepherd's Pie	Stuffed Shells Chicken Cordon Bleu	Oven Fried Chicken Blackened Tilapia	Italian Beef & Rice Potato Crusted Cod	Cheese Lasagna Pork Butadon
Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup
Baked Potato Maryland Crab	Tortellini Corn Chowder	Roasted Cauliflower Italian Wedding	Chicken Noodle Vegan Vegetable	Summer Minestrone Sausage & Chicken Gumbo	Chicken & Rice Corn Chowder	Broccoli & Cheese Beef & Barley

#### **DINNER**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table
BBQ Ribs Potato Crusted Cod	Grilled Pork Chop Chicken Alfredo	Meat Lasagna Baked Tilapia	Blackened Salmon Baked Chicken	Beef Stew Oven Fried Catfish	Sweet & Sour Pork Baked Cod	Spaghetti & Meat Sauce Baked Tilapia
Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup
Minestrone	Vegan Vegetable	Gumbo	Beef & Barley	Minestrone	Italian Wedding	Chicken Dumpling

# MENU 3

### LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
World Bistro	World Bistro	World Bistro	World Bistro	World Bistro	World Bistro	World Bistro
Wing Bar	Taco Bar	BBQ Bar	Baked Potato Bar	Caribbean Bar	Closed	Closed
Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful
Wing Bar	Taco Bar	Fish Taco	Egg Roll in a Bowl	Caribbean Bar	Closed	Closed
Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table
Smothered Pork Chop Stuffed Catfish	Hamburger Yakisoba Shrimp Creole	Beef Stew Chilaquile Casserole	Turkey Breast Three Bean Curry	Teriyaki Chicken Tomato Basil Tilapia	Honey Dijon Pork Chop Turkey Pot Pie	Meat Lasagna Chicken Cacciatore
Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup
Baked Potato Maryland Crab	Tortellini Corn Chowder	Roasted Cauliflower Italian Wedding	Chicken Noodle Vegan Vegetable	Summer Minestrone Sausage & Chicken Gumbo	Chicken & Rice Corn Chowder	Broccoli & Cheese Beef & Barley

#### **DINNER**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table
Baked Chicken Baked Tilapia	Roast Turkey Herb Roasted Salmon	Roast Beef Chicken Cordon Bleu	Meat Lasagna Tortilla Crusted Tilapia	BBQ Chicken Quarters Oven Fried Catfish	Salisbury Steak Vegetarian Lasagna	Meatloaf Baked Cod
Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup
Beef & Barley	Chicken & Rice	Gumbo	Italian Wedding	Vegan Vegetable	Minestrone	Chicken Gumbo