

MENU 1

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
World Bistro	World Bistro	World Bistro	World Bistro	World Bistro	World Bistro	World Bistro
Chicken Wing Bar	Taco Bar	Pho Bowl	Baked Potato Bar	Caribbean Bar	Closed	Closed
Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful
Tex Mex Shrimp & Grits	Taco Bar	Pho Bowl	Chicken Portobello Flatbread	Caribbean Bar	Closed	Closed
Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table
Sausage Pasta Bake Baked Chicken Quarters	Chicken Parmesan Lemon Caper Tilapia	Roasted Chicken Breast Meat Lasagna Vegetarian Lasagna	Pork Adobo Garlic Butter Salmon	Dry Rub Ribs Vegetable Lo Mein Noodles	Roasted Chicken Breast Parmesan Catfish	Vegetarian Chili Roast Beef
Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup
Roasted Cauliflower Maryland Crab	Tortellini Vegetable	Baked Potato Italian Wedding	Chicken Noodle Minestrone	Manhattan Clam Chowder Beef & Barley	Chicken & Rice Corn Chowder	Broccoli & Cheese Beef & Barley

DINNER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table
Chicken Marsala Herb Roasted Salmon	Roast Turkey Tortilla Crusted Tilapia	Salisbury Steak Baked Cod	Spaghetti & Meat Sauce Herb Baked Chicken	Chicken Fried Steak Oven Fried Catfish	BBQ Chicken Potato Crusted Cod	Meat Lasagna Baked Salmon
Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup
Italian Wedding	Clam Chowder	Gumbo	Broccoli & Cheese	Chicken & Rice	Italian Wedding	Chicken Dumpling

MENU 2

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
World Bistro	World Bistro	World Bistro	World Bistro	World Bistro	World Bistro	World Bistro
Chicken Wing Bar	Taco Bar	Chicken Shawarma	Baked Potato Bar	Caribbean Bar	Closed	Closed
Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful
Fish Tacos	Taco Bar	Chicken Shawarma	Deconstructed Burrito	Caribbean Bar	Closed	Closed
Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table
Peruvian Chicken Baked Salmon	Beef Rendang Shrimp Creole	Roast Beef Potato Crusted Cod	Mexican Pepper Steak Stuffed Shells	Oven Fried Chicken Blackened Tilapia	Italian Beef & Rice Potato Crusted Cod	Cheese Lasagna Pork Butadon
Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup
Roasted Cauliflower Maryland Crab	Tortellini Vegetable	Baked Potato Italian Wedding	Chicken Noodle Minestrone	Manhattan Clam Chowder Beef & Barley	Chicken & Rice Corn Chowder	Broccoli & Cheese Beef & Barley

DINNER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table
BBQ Ribs Potato Crusted Cod	Grilled Pork Chop Chicken Alfredo	Meat Lasagna Baked Tilapia	Blackened Salmon Baked Chicken	Beef Stew Oven Fried Catfish	Sweet & Sour Pork Baked Cod	Spaghetti & Meat Sauce Baked Tilapia
Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup
Minestrone	Vegetable	Gumbo	Beef & Barley	Minestrone	Italian Wedding	Chicken Dumpling

MENU 3

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
World Bistro	World Bistro	World Bistro	World Bistro	World Bistro	World Bistro	World Bistro
Chicken Wing Bar	Taco Bar	BBQ Bar	Baked Potato Bar	Caribbean Bar	Closed	Closed
Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful
Honey Tofu Cous Cous	Taco Bar	Falafel	Lime Cilantro Chicken w/ Yellow Rice	Caribbean Bar	Closed	Closed
Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table
Yakisoba Stuffed Catfish	Chicken Cordon Bleu Three Bean Curry	Beef Stew Breaded Sole	Turkey Breast Vegetarian Chili	Teriyaki Chicken Lemon Garlic Cod	Honey Dijon Pork Chop Turkey Pot Pie	Meat Lasagna Turkey
Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup
Roasted Cauliflower Maryland Crab	Tortellini Vegetable	Baked Potato Italian Wedding	Chicken Noodle Minestrone	Manhattan Clam Chowder Beef & Barley	Chicken & Rice Corn Chowder	Broccoli & Cheese Beef & Barley

DINNER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table
Baked Chicken Baked Tilapia	Roast Turkey Herb Roasted Salmon	Roast Beef Chicken Cordon Bleu	Meat Lasagna Tortilla Crusted Tilapia	BBQ Chicken Quarters Oven Fried Catfish	Salisbury Steak Vegetarian Lasagna	Meatloaf Baked Cod
Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup
Beef & Barley	Chicken & Rice	Gumbo	Italian Wedding	Vegetable	Minestrone	Chicken Gumbo