

MENU 1

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
World Bistro	World Bistro	World Bistro	World Bistro	World Bistro	World Bistro	World Bistro
Pasta Bar	Taco Bar	Chicken Shawarma	Pho Bowl	Caribbean Bar	Closed	Closed
Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful
Chicken Quinoa Bowl	Taco Bar	Chicken Shawarma	Pho Bowl	Caribbean Bar	Closed	Closed
Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table
Baked Salmon Glazed Cornish Hen	Chicken w/ Pineapple Salsa Blackened Catfish	Baked Chicken Quarter Meat Lasagna Vegetarian Lasagna	Tilapia w/ Jalapeno Orange Marmalade Country Fried Steak	Pork Adobo Vegetable Lo Mein	BBQ Chicken Quarters Parmesan Catfish	Vegetarian Lasagna Sliced Roast Beef
Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup
Vegetable Maryland Crab	Chicken Tortilla Corn Chowder	Roasted Cauliflower Italian Wedding	Chicken Noodle Seven Bean	Manhattan Clam Chowder Caribbean Jerk Chicken	Chicken & Dumpling Corn Chowder	Broccoli & Cheese Beef & Barley

DINNER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table
Chicken Marsala Herb Roasted Chicken	Roast Turkey Tortilla Crusted Tilapia	Pepper Steak Baked Cod	Spaghetti & Meat Sauce Herb Baked Chicken	Ribeye Steak Oven Fried Catfish	BBQ Chicken Potato Crusted Cod	Meat Lasagna Baked Salmon
Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup
Italian Wedding	Clam Chowder	Gumbo	Broccoli & Cheese	Chicken & Rice	Italian Wedding	Chicken & Dumpling

MENU 2

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
World Bistro	World Bistro	World Bistro	World Bistro	World Bistro	World Bistro	World Bistro
Pasta Bar	Taco Bar	Sausage Bar	Baked Potato Bar	Caribbean Bar	Closed	Closed
Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful
Fiesta Chicken Bowl	Taco Bar	Deconstructed Breakfast Burrito	Chicken Portobello Flat Bread	Caribbean Bar	Closed	Closed
Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table
Cajun Meatloaf Chilaquile Casserole	Baked Salmon Beef Rendang	Italian Rice & Beef Parmesan Crusted Catfish	Ginger Beef Pot Roast Chicken Cordon Bleu	Oven Fried Chicken Blackened Tilapia	Baked Chicken Quarter Potato Crusted Cod	Cheese Lasagna Chicken Parmesan
Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup
Vegetable Maryland Crab	Chicken Tortilla Corn Chowder	Roasted Cauliflower Italian Wedding	Chicken Noodle Seven Bean	Manhattan Clam Chowder Caribbean Jerk Chicken	Chicken & Dumpling Corn Chowder	Broccoli & Cheese Beef & Barley

DINNER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table
BBQ Ribs Potato Crusted Cod	Grilled Pork Chop Chicken Alfredo	Meat Lasagna Baked Tilapia	Blackened Salmon Baked Chicken	Beef Stew Oven Fried Catfish	Sweet & Sour Pork Baked Cod	Spaghetti & Meat Sauce Baked Tilapia
Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup
Minestrone	Seven Bean Medley	Caribbean Jerk Chicken	Beef & Barley	Minestrone	Italian Wedding	Chicken & Dumpling

MENU 3

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
World Bistro	World Bistro	World Bistro	World Bistro	World Bistro	World Bistro	World Bistro
Pasta Bar	Taco Bar	Sausage Bar	Burger Bar	Caribbean Bar	Closed	Closed
Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful	Fit & Flavorful
Falafel Sandwich	Taco Bar	Fish Taco	Zucchini Noodle Caprese	Caribbean Bar	Closed	Closed
Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table
Chipotle BBQ Roast Pork Blackened Salmon	Spaghetti w/ Pesto Spaghetti w/ Meat Sauce Sausage & Seafood Stew	BBQ Ribs Tomato Basil Tilapia	Sliced Turkey Tortilla Crusted Tilapia	Teriyaki Chicken Vegetarian Quiche	Honey Dijon Pork Chop Hamburger Yakisoba	Meat Lasagna Chicken Cacciatore
Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup
Vegetable Maryland Crab	Chicken Tortilla Corn Chowder	Roasted Cauliflower Italian Wedding	Chicken Noodle Seven Bean	Manhattan Clam Chowder Caribbean Jerk Chicken	Chicken & Dumpling Corn Chowder	Broccoli & Cheese Beef & Barley

DINNER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table	Chef's Table
Baked Chicken Baked Tilapia	Roast Turkey Tortilla Crusted Tilapia	Roast Beef Chicken Cordon Bleu	Meat Lasagna Herb Roasted Salmon	BBQ Chicken Quarters Oven Fried Catfish	Salisbury Steak Vegetarian Lasagna	Meatloaf Baked Cod
Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup
Beef & Barley	Chicken & Rice	Caribbean Jerk Chicken	Italian Wedding	Seven Bean	Minestrone	Chicken Gumbo