

WALTER REED NATIONAL MILITARY MEDICAL CENTER BETHESDA

**NATIONAL CAPITAL CONSORTIUM
INTERNAL MEDICINE RESIDENCY PROGRAM
*2023-2024***



Residency Overview

The background of the slide is a photograph of a university campus. A prominent feature is a tall, white, cylindrical building with a flat top, likely a library or administrative building. In the foreground, there is a large, well-maintained green lawn. Other campus buildings are visible in the mid-ground and background under a clear blue sky.

- **Mission and Vision Statements**
- **History of Our Program**
- **Program Structure**
- **Research Opportunities**
- **The DC-Baltimore Area**
- **Program Leadership Contact Info**



Residency Vision



***Developing Military Medical
Corps Officers To Transform
American Medicine***



Residency Mission



The WRNMMC IM Residency develops military physicians who are expert clinicians and operationally-ready, adaptable leaders and educators who will challenge the status quo and positively affect outcomes in any environment.

Walter Reed Mission

**Provide innovative
patient-centered care**

and

**advance readiness,
quality, education, and
research**





Residency Pillars

Expert Physician

Scholar

Leader

Educator

Clinician

Clinical Competence

PROGRAM HISTORY (BRAC 2011)

***Two programs, two facilities — each with
a rich history — brought together***



History —



- **Walter Reed General Hospital first opened in 1909**
 - **MAJ Walter Reed famous for infectious disease**
 - **Buried in Arlington Cemetery**
- **GME started in 1920 with first class of 5 interns**

History—NNMC Bethesda



THE WHITE HOUSE
WASHINGTON

- Naval hospital opened at Bethesda in 1942
- Named after the 'pools of Bethesda' by FDR
- Much of initial design from FDR
- 1973 – IM Residency accredited by ACGME

JMR
Dec 13
1937
New Naval Hosp.
Center 15 stories
Additions 2 "

(U.S. Navy Photograph)

President Roosevelt's Elevation Sketch of the Naval Medical
Center (December 13, 1937)

WRNMMC Hospital Capabilities

- Premier military hospital in the country
 - Anchors network of 34 military hospitals/clinics
- Extensive subspecialty representation
- July 2011—Army/Navy IM Residency Program
 - “Quad-Service” (Army, Navy, AF, USPHS)
- ACGME-approved for 93 resident capacity in IM



National
Capital Region
Medical

PROGRAM STRUCTURE



Department of Medicine

- ~ 65 Internal Medicine Interns and Residents
- 20-25 Transitional Years (co-sponsored)
- Psych; Anesthesia; Neurology; OMFS rotators
- 12 Fellowships – 80+ Fellows
- 150+ high-quality, invested clinical faculty
 - USU, DCVA, FBCH, WRAIR, FDA, NIH
 - Virginia HC, Washington HC, INOVA Fairfax
- Incredible administrators & clinical support staff

Residency Program Structure

If interested in IM/Psych Residency Program, please contact both:

CPT Yaid Puente Jimenez

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CPT Maria Rehtin

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National
Capital Region
Medical

Local Affiliations



VIRGINIA HOSPITAL
CENTER



Washington
Hospital Center

MedStar Health



INOVA FAIRFAX
HOSPITAL



The Flagship of VA Health Care



Residency Opportunities: Outside Hospital Rotations

- **Washington Hospital Center (WHC)**
 - MICU, Wards, Advanced Heart Failure (high volume transplant center), Infectious Diseases, Procedures
- **Virginia Hospital Center (VHC)**
 - MICU (no fellow coverage, significant interaction directly from attendings, high volume, lots of autonomy, opportunities for procedures!)
- **INOVA Fairfax**
 - ER, Cardiac ICU (high volume STEMI, transplant center), Advanced Heart Failure
- **NIH**
 - Opportunities created by residents

Residency Opportunities: Unique Rotations

- Landstuhl Hospitalist Rotation (on hold)
- Humanitarian Assistance/Disaster Relief
- Away research/clinical rotations in Kenya, Thailand, Peru, Djibouti, Honduras, India through USU and DOD
- Policy and Advocacy Rotation
- Leadership Elective



USNS Comfort Hospital Ship



Uniformed Services University

- WRNMMC is core site for USU IM Clerkships
- Joint Walter Reed/USU DOM Grand Rounds
- Residents recognized as Teaching Fellows
- Certificate in Medical Education Partnership
 - Over 15 residents in past 4 years



USU



Uniformed
Services
University

Intern Rotations

- **Ward Medicine (~12 wks)**
- **Ambulatory Medicine (10 wks)**
- **Inpatient Cardiology (~4 wks)**
- **Oncology (~4 wks)**
- **Medical ICU (~4-8 wks)**
- **Emergency Medicine (~4wks)**
- **Night Medicine (~2-4 wks)**
- **Psych & Gynecology (~2 wks)**
- **Elective (4-6 wks)**



WRNMMC Wards

- **Four week blocks – Trickle admissions**
 - 3 wards teams
 - 1 inpatient oncology team
 - **Night Team**
 - 2 cross-cover interns supervised by R2/R3 (Nighthawk)
 - 1 MOD-assist (PGY-1) admitting with R2/R3 (Night-MOD)
- **Ward Team**
 - 1 attending and an R2/R3 Resident
 - 2 interns
 - 1 sub-I and/or 1-2 MS-3
- **No 24 hour overnight call for interns**
- **Clinical Librarian & PharmD support**

“4+1” Sample Resident Schedule

	Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk7	Wk8	Wk 9	Wk10
Cohort Orange	Clinic	MICU	MICU	MICU	MICU	Clinic	Wards	Wards	Wards	Wards
Cohort Yellow	<h1 style="margin: 0;">GOLDEN WEEKEND!</h1>									Wards
Cohort Green										Wards
Cohort Blue										Wards
Cohort Red										MSK

Academic Conferences

- **Noon Conference**
- **Weekly Medicine Department Conferences**
 - **Grand Rounds**
 - **M&M/Quality Improvement Conferences**
 - **Resident Lead Journal Club**
 - **Social Determinants of Health Curriculum**
 - **Leadership Curriculum**



RESEARCH OPPORTUNITIES



Housestaff Research

The background of the slide is a photograph of a university campus. In the center, there is a tall, white, classical-style building with a prominent tower. The building is surrounded by other smaller buildings and a large green lawn in the foreground. The sky is a clear, light blue.

- **Potential to present at local, regional, and national conferences**
- **USU & NIH affiliations**
- **Academic facility with emphasis on research and engaged mentorship**

Wellness!

Task	Daily Hours (Clinic)	Daily Hours (Wards)	Weekly Hours (Clinic)	Weekly Hours (Wards)
Work	10	12	50	72
Sleep	8	8	56	56
Commute	1	1	5	6
Studying	0.25	0.25	3	3
Tasks of Life	0.5	0.5	1.5	1.5
Exercise	0.5	0.5	2.5	2.5
Total commitment per day or week				
	20.75	22.75	121	144
Percentage of day or week occupied				
	86%	95%	72%	86%

Wellness!



Why Should I Come to Walter Reed?

- **Legacy of Excellence – “Not here to be mediocre”**
- **High quality rotations and academics at WR and partner hospitals**
- **Unique opportunities given location near USU and NIH**
- **Access to all Washington DC has to offer**
- **We care deeply about your professional development and personal well-being**



PROGRAM LEADERSHIP AND POINTS OF CONTACT



2023-2024 Leadership

Program Director:

MAJ Joseph Maciuba, USA, MD, MHPE

**Associate Program
Directors:**

MAJ Kim Fabyan, USA, MD

Dr. Richele Corrado, USN, DO

CPT Isaiah Horton, USA, MD

IM/Psychiatry PD:

LTC Vincent Capaldi, USA, ScM, MD, FAPA

**Chiefs of
Residents:**

LCDR Ayee Azah, USN, MD, MBA

LT Greg Blake, USN, MD

CPT Will Hirschfeld, USA, MD

**Program
Administrator:**

Mrs. Caryn Moore-Barham

Mr. Manny Belisario

Ms. Marla Redmond