

# How to send a message to your care team

1

To log on, scan the QR code below or visit <https://myaccess.dmdc.osd.mil/identitymanagement/app/login>.

2

Create a “DS Logon” if you don’t already have one. Click on “Create New Account” and complete your account setup.

3

If you’re not immediately redirected to the MHS GENESIS Patient Portal, please continue by clicking on “Websites Accepting DS Logon” and then “Military Health System GENESIS Patient Portal (MHS GENESIS Patient Portal).”

4

Once you’re on the MHS GENESIS Patient Portal Home page, click on “Send a Message.”

5

If applicable, please choose who the message is on behalf of.

6

Please select who the message is for and search by location if needed.

7

You can now write a message and, if desired, add attachments. Then click on “Send” when you are finished writing your message.

