



Warrior Transition Brigade - National Capital Region

Information Packet



WARRIOR TRANSITION BRIGADE



Table of Contents

- 3....Wounded Warrior Transition Brigade
- 5....Command Contact
- 6....Squad Leader
- 7....Caregiver Coordinator
- 8....Family Readiness Support Assistance (FRSA)
- 9....Soldier Family Assistance Center (SFAC)
- 10...Child Daycare
- 11...Chaplain
- 12...Ombudsman
- 13...Military and Family Life Counselors (MFLC)
- 14...Army Wounded Warrior Advocate (AW2)
- 15...American Red Cross
- 16...Where to Eat
- 18...Forest Glen Commissary
- 19...Local Shopping
- 20...Glossary
- 22...WRNMMC MAP / Shuttle



WARRIOR TRANSITION BRIGADE



Welcome

WARRIOR TRANSITION BRIGADE - NATIONAL CAPITOL REGION



Brigade Commander
COL Brian Harthorn
brian.j.harthorn.mil@mail.mil



Brigade Command Sergeant Major
CSM Brian Soper
brian.g.soper2.mil@mail.mil

Emergency Contact Numbers:

Army Staff Duty Desk:
301-400-3682

Navy Command Duty Officer:
301-400-0200

WTB Staff Duty Desk Blackberry:
301-547-1449

Warrior Transition Brigade
Command Suite:
301-400-2306



DEPARTMENT OF THE ARMY
HEADQUARTERS, WARRIOR TRANSITION BRIGADE- NATIONAL CAPITAL REGION
9045 BEALE ROAD
BETHESDA, MD 20889-5634

MCAT-WTB-CDR

20 June 2017

MEMORANDUM FOR All Incoming Warrior Transition Brigade Non-Medical Attendants

SUBJECT: Welcome Letter

1. Welcome to the Warrior Transition Brigade (WTB)-National Capital Region (NCR). The WTB-NCR is co-located with the Walter Reed National Military Medical Center (WRNMMC) in Bethesda, Maryland. The WTB-NCR is composed of three companies: HHC, Able and Battle.
2. Our unit motto, "Caring for our Soldiers. . . Heal, Educate and Transition", guides our everyday efforts and our mission to ensure access to care, quality of life and provide a deliberate roadmap to transition back to the Force or to prepare to serve as productive Veterans.
3. You are about to embark on a challenging journey with your Soldier as they heal and prepare for transition. While you are here we want you to know that your health and well-being are equally important. Over the next few weeks you will be introduced to a wealth of resources designed to help you take care of yourself. We encourage you to take advantage of those resources as often as possible and to seek support from other Non-Medical Attendants and Caregivers.
4. Points of Contact are: Ms. Daryl Edwards, Caregiver Coordinator, who can address policy questions. She is located in Bldg. 11, Room 247, Office: 301-400-2287, BB: 202-491-9486. Mrs. Linda Rasnake, Family Readiness Support Assistant, can identify resources. She is located in Bldg. 62, Room 3010, Office: 301-400-0251, BB: 202-280-9389.
5. Welcome aboard!

"Caring for our Soldiers. . . Heal, Educate and Transition."


BRIAN J. HARTHORN
COL, IN
Commanding



WARRIOR TRANSITION BRIGADE



Command Contact Numbers

Medical Center Information:
Walter Reed National Military Medical Center
8901 Rockville Pike
Bethesda, MD 20889-5600
www.bethesda.med.navy.mil
301-295-4000 (ofc)
1-800-526-7101 (toll free)

Building 62 Staff Duty WTB: 301-400-3682

HHC

Company Commander	301-400-0288	202-758-4156
Company First Sergeant	301-400-0289	202-329-2878

Able Company

Company Commander	301-400-0268	310-312-4332
Executive Officer	301-400-0271	202-210-9702
Company First Sergeant	301-400-0273	202-344-0909

Battle Company

Company Commander	301-400-0263	202-386-0463
Executive Officer	301-400-0265	301-538-2832
Company First Sergeant	301-400-0264	240-751-7315



Squad Leaders

Who are they?

A Squad Leader at a Warrior Transition Unit (WTU) serves as the first line supervisor to the Soldier and the link to the command. The Squad Leader is responsible for resolving administrative issues and helps guide the Soldier through the WTU process while enforcing military standards.

Recovering Soldiers and their Squad Leaders make face-to-face contact on a daily basis. Squad Leaders help recovering Soldiers remember they are still in the Army by conducting formations and processing orders, as well as opening doors within Army channels to aid Soldiers through recovery and transition.

Squad Leaders assist NMAs/Caregivers with the following:

- Base Access Card
(Allows access to the base without an escort)
- Navy Exchange (NEX) access
(This is similar to large retail stores)
- Transportation and escort to first medical appointment at Warrior Clinic
- Any issues that affect the Soldier
(i.e., pay, family, legal issues, etc.)
- Your Squad Leader will ensure you get your Soldier's medical appointment schedule
- They also act as an advocate/liaison to the medical team and the Chain of Command



WARRIOR TRANSITION BRIGADE



Caregiver Coordinator

What does the Caregiver Coordinator do?

The Caregiver Coordinator will assist Non-Medical Attendants to make a smooth transition to the unit by doing the following:

- Solicits information from NMAs to ensure they are receiving the care and assistance needed.
- Coordinates and facilitates the monthly NMA Orientation. The NMA Orientation is a 2-hour session where NMAs are introduced to the various Resource Providers at the WTB.
- Provides information regarding the monthly PEER to PEER sessions. These Personalized Experience Engagement Resource (PEER) sessions are facilitated by the Military Family Life Counselors.

Caregiver Coordinator:
Ms. Daryl J. Edwards, M.A.
Building 11, Room 247
301-400-2287 (ofc)
202-491-9486 (cell)

Hours of Operation:
6:30 a.m. – 3:00 p.m.



WARRIOR TRANSITION BRIGADE



Family Readiness Support Assistant (FRSA)

What does the FRSA do?

The Family Readiness Support Assistant serves as the Commander's advisor concerning the organization's Family Readiness Group (FRG) program and coordinates quality of life programs and services in an attempt to ensure that Families receive the quality of life that matches the quality of service their Soldiers provided the nation.

The Family Readiness Support Assistant can help provide the following:

- Personal Hygiene Toiletries
- Lending closet (Has many of the items needed to equip a household)
- Referral to on-base and community resources

Family Readiness Support Assistant (FRSA)

Linda Rasnake

Building 62, 3rd floor, Room 3110
301-400-0251 (ofc)
202-280-9389 (cell)

Hours of Operation:
5:00 a.m. – 2:30 p.m.

Facebook: lindafrsa



WARRIOR TRANSITION BRIGADE



Soldier Family Assistance Center (SFAC)

What do they do?

Soldier and Family Assistance Center (SFAC) staff provide customized, integrated support services dedicated to serving Soldiers in Transition (STs) and their Families. The SFAC is a one-stop location to equip and aid Soldiers in making life changing decisions as they transition either back to duty or to civilian life. Services include:

- Computer Access
- Taxi Vouchers
(Free taxi rides. May travel up to 25 mile radius from base)
- Transportation Assistance
(Thru non-profits)
- Emergency financial assistance
(Army Emergency Relief)
- Funding for Family members' travel
(Thru non-profits)
- Yellow Ribbon Fund
(See Caregiver Resource Directory)
- Hero Miles
(Travel funds thru non-profits)
- ID Cards for Service members and dependents
- Hotel rooms for visiting Family members
(Accommodations at off-base hotels or on-base facilities)
- Fisher House
(On base hotel for Family members)
- Education Counseling
- Information and referral

Soldier Family Assistance Center
(SFAC)
Building 62, 2nd floor
Front Desk 301-400-0208

Hours of Operation:
8:00 a.m. – 4:00 p.m.



WARRIOR TRANSITION BRIGADE



Austin's Playroom
Building 62, Room B370E
301-400-0118 (ofc)

Hours:
7:30 a.m.—5:00 p.m. (Mon-Fri)

Child Daycare

Tell me about it:

Austin's Playroom is the name of the Childcare Center in Bldg 62.

They accept children ages 6 weeks to 12 years old.

Children must be pre-registered with the Playroom

You must have children's vaccination records

The Playroom is only open Monday thru Friday and closed on weekends and holidays.

Children of Combat Wounded active duty members are entitled to free daycare

Children of wounded, ill, and injured active duty members who are assigned or receive medical care here at Water Reed to receive treatment are charged \$4.00 per hour per child.

You must call in advance to make reservations for childcare.

Children are entitled to 25 hours of childcare per week.

Contact your Squad Leader for more information.



WARRIOR TRANSITION BRIGADE



Chaplain

What can the Chaplain do?

- Provides confidential counseling and spiritual support for Soldiers, Family members and Caregivers. Trained to serve any spiritual need regardless of religious affiliation.
- The Chaplain is available for in-patient and at-home visits for prayer and offering of sacraments
- Facilitates spiritual resiliency and spiritual fitness programs that include prayer meetings, Strong Bonds training programs, Prayer Breakfasts and special events.

Roman Catholic Mass

Monday—Thursday, 12:00 p.m., Chapel Bldg 8
Friday, 11:00 a.m., Chapel Bldg 8
Sunday, 9:00 a.m., Chapel Bldg 8

Protestant Worship Service:

Sunday, 10:30 a.m., Chapel Bldg 8

Latter-Day Saints Service:

Sacramental Service Sunday, 1:00 p.m., Chapel Bldg 8

Islamic

Monday—Thursday, 1:15 p.m., Daily Zuhur Prayer & Study
Friday, 1:00 p.m., Jum'ah Prayer, Chapel Bldg 8

Hindu

Monday, 12:00 p.m., Yoga/Meditation
Pastoral Care Conf Rm, Bldg 8, 2nd Deck Room 2230

Partners in Prayer

Wednesdays and Fridays, 8:30, Bldg 11, Room 204

Christian Bible Study

Thur, 12:00 p.m., Bldg 62, Room 3069

Chaplain

Building 62, 3rd floor, Room 3083
301-400-0292 (ofc)
301-385-3419 (cell)

Chaplain Assistant

SSG David Ribar
Building 62, 3rd floor, Room 3083
301-400-0368 (ofc)
202-378-0804 (cell)

Pastoral Care Hours of Operation

Mon-Fri 7:30 am - 4:00 pm
301-295-1510
After Hours CDO Desk
301-295-4633, option 3

Services are broadcasted
throughout the Hospital on
Channel 14



WARRIOR TRANSITION BRIGADE



Ombudsman

What is an Ombudsman?

Ombudsmen investigate complaints and resolve issues with local agencies in addition to serving as an advocate for Soldiers and Families faced with the complex, often overwhelming challenges related to healthcare and transition, such as physical disability processing, Reserve Component medical retention, transition, Department of Veterans Affairs (VA) and pay issues. Ombudsmen are usually selected as a result of their extensive military medical experience and many have typically served as Sergeant Majors within Army medical units.

Zulma Santiago

Building 62, 2nd floor, Room 2003
301-400-0517 (ofc)
202-290-7274 (cell)
zulma.d.santiagoortiz.civ@mail.mil

Matilda Hall

Building 62, 3rd floor, Room 3104
301-400-0516 (ofc)
202-375-4165 (cell)
matilda.e.hall.civ@mail.mil

After Hours 24/7:
800-984-8523

Email: usarmy.jbsa.medcom.mbx.medcom-wsf-support@mail.mil



WARRIOR TRANSITION BRIGADE



Military and Family Life Counselors (MFLC)

What do they do?

Military and Family Life Counselors are masters or doctorate level licensed counselors. They provide short term, non-medical counseling services to Soldiers, their Families and Caregivers.

What kind of counseling do they provide?

MFLC's provide individual, couples, children and Family counseling. The service is free and confidential. The counseling can take place on or off base. Their services are private and no records are kept.***

***With the exception of child abuse, domestic abuse and duty to warn situations, services are private and confidential. Counselors cannot meet with you at your home.

Military and Family Life Counselors
(MFLC)

Building 11, 2nd floor, Room 205

301-456-6134 (ofc)

202-536-8081 (cell)

Email:

BethesdaHome@magmflc.org



WARRIOR TRANSITION BRIGADE



Army Wounded Warrior Advocate (AW2)

What is an AW2 Advocate?

The Army Wounded Warrior Program (AW2), a major component of Warrior Care and Transition Command, supports severely wounded, ill and injured Soldiers, Veterans, their Families and Caregivers with the recovery and reintegration process towards independence. Each AW2 Soldier and Veteran is paired with an AW2 Advocate who guides him/her throughout the recovery and transition process. The AW2 Advocate connects Soldiers, Veterans, Caregivers and their Families with community resources and provides career and education counseling. In addition, the Advocate guides them through access to state and federal benefits with agencies such as the Department of Defense and the Department of Veterans Affairs. There are more than 200 AW2 Advocates throughout the country at most military treatment facilities (MTF), VA Polytrauma Centers and VA locations. Each Advocate provides personalized support to the Soldier, Veteran, Caregivers and their Families. There are six AW2 Advocates located at WRNMMC, one in the hospital and five in the WTB.

Julie Segel

WRNMMC AW2 Advocate
(Inpatient)
Building 10, 4th Floor, Room 4263A
301-400-0356 office
202-386-0165 cell
Julie.f.segel.ctr@mail.mil

Timothy Battle

WRNMMC AW2 Advocate
(HHC Outpatient)
Building 62, 3rd Floor, Room 3037
301-400-0297 office
202-604-3141 cell
timothy.battle.civ@mail.mil



WARRIOR TRANSITION BRIGADE



American Red Cross
Walter Reed National Military
Medical Center
Building 8, 2nd floor, Room 2189
301-295-1538 (ofc)

Office Hours:
8:00 a.m.—4:00 p.m.

facebook.com/redcrosswrnmmc

American Red Cross

What services are available?

The American Red Cross is a humanitarian organization that provides emergency assistance and disaster relief to those in need.

The following services are available to patients Soldiers and their Families:

- Emergency notifications to families
- Coffee Morning Program
- Family room and office space for guests
- Comfort Cart for In-patient Wards
- Provides toiletries, adaptive clothing, blankets, DVDs, snacks, children's' books, toys and games



WARRIOR TRANSITION BRIGADE



Where to Eat

Main Street Café

The Main Street Café is comprised of several food stations each serving a specific cuisine. While some stations change their menu from day to day, you will always find a fresh salad bar, deli sandwiches, gourmet wraps, grilled burgers and hotdogs, hot soup, grilled Panini sandwiches, and custom-made pizzas. Other common items include fried chicken entrees and hot carved turkey or chicken platters. Special catering and party programs are also available.

Location: Liberty Zone (Bldg. 2), 1st Floor

Hours of Operation:

Mon – Fri Breakfast: 0600 – 0930

Continental Breakfast: 0930 – 1100

Full Lunch: 1100 – 1430

Snacks and Beverages: 1430 – 1500

Warrior Café

"A Place For Heroes, Open To All"

Serving breakfast, lunch and dinner Monday through Friday. Daily entrée specials, grill, salad bar, pizza, homemade soups, deli sandwiches and more.

Location: Tranquility Hall (Bldg. 62)

Hours of Operation: Mon – Fri: 6 a.m.–6 p.m., Sat- Sun: 9 a.m.–6 p.m.

Below Deck

Responsibly serving light fare, beer and wine at Bethesda Navy Gateway Inns and Suites.

Location: Downstairs lobby of NGIS (Bldg. 64)

Hours of Operation:

Mon - Fri: 3 – 9 p.m.

Spinz

Spinz Handcrafted Food is now open at the NSA Bethesda Bowling Center. A new spin on food featuring gourmet burgers, wings, Rustic Crust Pizza and more! Mac and cheese bites, fried pickles, jalapeno poppers, fries, onion rings, fresh veggies and hummus, and quesadillas are a few of our starters. Everything is made fresh to order so you get it exactly the way you want it! Responsibly serving beer and wine.

Location: Stokes Road, Bldg. 56 Bowling Center
(301) 295-2034
(301) 295-2060

Hours of Operation:

Mon-Tue: 10 a.m. – 10 p.m.

Wed-Thu: 11 a.m. – 10 p.m.

Fri: 11 a.m. – Midnight

Sat: 10 a.m. - Midnight

Sunday: 1 – 6 p.m.

Federal Holidays: Varies



WARRIOR TRANSITION BRIGADE



William III Gourmet Coffee

William III Gourmet Coffee shop features top quality coffees, cappuccino, gourmet muffins, biscotti and a full lunch menu. Special catering is also available.

Location: Eagle Zone (Bldg. 10), 1st Floor

Hours of Operation: Mon – Fri, 0600 – 1530

William III Gourmet Coffee - America Zone

This coffee cart serves a variety of gourmet coffee and light fare.

Location: America Zone (Bldg. 19), 1st Floor

Hours of Operation: Mon – Fri: 0630 – 1400

William III Gourmet Coffee - Building 17

This coffee cart serves a variety of gourmet coffee and light fare.

Location: Bldg. 17

Hours of Operation: Mon – Fri: 0600 – 1530

Where to Eat

Subway & Dunkin' Donuts

Located a short distance from Main Street Café, Subway & Dunkin' Donuts feature made-to-order sandwiches, freshly baked donuts, coffee and ice cream along with in-store seating.

Location: Liberty Zone (Bldg. 2), 1st Floor

Hours of Operation:

Dunkin' Donuts

Mon – Fri: 0600 – 2000

Sat: 0700 – 1500

Sun: 0700 – 1400

Subway

Mon – Fri: 0900 – 2000

Sat & Sun: 0900 – 1500

USU Café

Serves hot breakfast and lunch Monday through Friday. Wide selection of options including an extensive Salad Bar, Deli, Grill, Pizza and Daily Entrée Specials. Specializes in catering services and delivery of boxed lunches.

Location: USUHS Bldg. B (Bldg #71)

Hours of Operation: Mon – Fri, 0630 – 1400

Phone: (301) 493-9775

Email: Catering@usucafe.com

Site: www.usucafe.com

The Midwatch Coffee Bar

Locally roasted artisanal coffee.

Location: USUHS Bldg C (Bldg#72)

Hours of Operation: Mon – Thu, 0630 – 1500
& Fri, 0630 – 1430

The Dry Dock

Next to Subway & Dunkin' Donuts, the Dry Dock is a mini mart stocked with snacks, deli sandwiches, drinks, cards and novelties.

Location: Liberty Zone (Bldg. 2), 1st floor

Hours of Operation: Mon – Fri: 0700 – 1700

The Wedge

The Wedge café serves Starbucks Coffee, Manhattan Bagels, and light breakfast and lunch fare, including hot soup and grilled Panini sandwiches.

Location: Arrowhead Zone (Bldg 9), 1st Floor

Hours of Operation: Mon – Fri, 0600 – 2130



WARRIOR TRANSITION BRIGADE



Forest Glen Commissary



Store Hours [See Holiday Hours >](#)

Normal Hours

Sun:	1000 - 1600
Mon:	CLOSED
Tue:	0900 - 1900
Wed:	0900 - 1900
Thu:	0900 - 1900
Fri:	0900 - 1900
Sat:	0800 - 1700

Early Bird Hours

Sun:	N/A - N/A
Mon:	N/A - N/A
Tue:	0800 - 0900
Wed:	0800 - 0900
Thu:	0800 - 0900
Fri:	0800 - 0900
Sat:	N/A - N/A

Deli Hours

Sun:	1000 - 1600
Mon:	CLOSED
Tue:	0900 - 1900
Wed:	0900 - 1900
Thu:	0900 - 1900
Fri:	0900 - 1900
Sat:	0800 - 1700

Store Information:

2460 Linden Lane
Silver Springs, MD 20910-1231

Store Phone: 301-295-7440

Store Services

Bakery
Custom Photo Cakes
Deli
Fresh Sandwiches to go
Hot Foods Dept
Plants
Rotisserie Chicken



WARRIOR TRANSITION BRIGADE



Local Shopping

About the Exchange



Navy Exchange is a retail store chain owned and operated by the United States Navy under the Navy Exchange Service Command.

Hours of Operation

Monday	0900-1900
Tuesday	0900-1900
Wednesday	0900-1900
Thursday	0900-1900
Friday	0900-1900
Saturday	0900-1900
Sunday	1100-1800

Mini Mart - Gas Station

Building 31

Store Phone: 301-295-6129

Monday	0600-2100
Tuesday	0600-2100
Wednesday	0600-2100
Thursday	0600-2100
Friday	0600-2100
Saturday	0600-2100
Sunday	1000-2000

Wendy's

Building 31



Monday	0600-2300
Tuesday	0600-2300
Wednesday	0600-2300
Thursday	0600-2300
Friday	0600-midnight
Saturday	0600-midnight
Sunday	0700-2300

Main Store Department Directory

Sunglasses	240-743-4200 x2701
Computers	240-743-4200 x2202
Barber Shop	240-743-4200 x3001
Watches	240-743-4200 x2601
Beauty Shop	240-743-4200 x2901
Customer Service	240-743-4200 x2042
Optical Shop	240-743-4200 x3100
Electronics	240-743-4200 x2203
Uniform Center	301-295-1489
Panda Express	240-396-6522

Store Information

Navy Exchange
8901 Wisconsin Ave
Building 57
Bethesda, MD 20889 - 5604

Store Phone: 301-295-6366/6365

Glossary of Terms

Cadre: This term refers to the permanent staff here at the Warrior Transition Brigade. They are a mix of Military and Civilians who care for your Soldier on a daily basis.

Caregiver: When a Soldier becomes Wounded, Ill and Injured while on active duty, spouses and Family members also experience significant changes. Many leave their jobs or take an extended leave of absence to support their Wounded, Ill and Injured Soldiers through recovery.

Command Sergeant Major (CSM): The Command Sergeant Major (CSM) is responsible for the non-commissioned officers (NCO) corps within the Warrior Transition Brigade. It is the duty of the CSM to ensure that the enlisted staff carries out their duties to the standards set forth by the Brigade Commander. It is the responsibility of the CSM to ensure the training and professional development of the enlisted soldiers.

Commanding Officer (CO): This is your Soldier's Company Commander and the head of the Command team. They are responsible for overseeing the health and welfare of Soldiers as well as the operation of the unit. If there is a problem that the unit cannot deal with internally, the Company Commander will raise the issue higher up the Chain of Command (CoC).

Executive Officer (XO): The Company Executive Officer is a third member of the Command Team. They help to ensure that leave, awards and orders are processed correctly and in a timely manner.

Family Readiness Support Assistant (FRSA): A point of contact for Soldiers, Caregivers, Non-Medical Attendants (NMAs) and families for resources, classes and information.

First Sergeant (1SG): The First Sergeant is a member of your Soldier's Command Team. They are responsible for overseeing the day-to-day operation of the unit. This includes ensuring that housing issues are responded to and dealt with, medical appointments are kept and more. The First Sergeant oversees the Platoon Sergeants and Squad Leaders

Non-Medical Attendant (NMA): This person provides additional support as the Soldier recovers, rehabilitates and transitions. Support may include driving the Soldier to appointments, providing a safe home environment, assisting with shopping, assisting with medication management, and/or assisting with managing medical and administrative paperwork

Glossary of Terms cont'd

Nurse Case Manager (NCM): The nurse case manager is a registered nurse who works with the Soldier throughout his/her medical treatment, recovery and rehabilitation. NCMs are responsible for helping Soldiers regain health or improved functional capability by facilitating the development and implementation of goals. The NCM ensures that the Soldier and the SL/PSG understands the medical plan of care and the medical team is aware of the Soldier's non-medical goals.

Ombudsman: Ombudsmen investigate complaints and resolve issues with local agencies in addition to serving as an advocate for Soldiers and Families faced with the complex, often overwhelming challenges related to healthcare and transition, such as physical disability processing, Reserve Component medical retention, transition, Department of Veterans Affairs (VA) and pay issues. Ombudsmen are usually selected as a result of their extensive military medical experience and many have typically served as Sergeant Majors within Army medical units.

Primary Care Manager (PCM): The primary care manager evaluates the Soldier's holistic medical requirements and plans, directs and oversees all Soldier care during his/her time in the WTU. The PCM's responsibility to the Soldier continues until the Soldier exits the WTU, and includes ensuring a seamless medical handoff to the Soldier's VA care provider or other successor primary care provider.

Platoon Sergeant (PSG): This is the Cadre member in charge of your Soldier's platoon. They ensure that administrative tasks are processing and maintain oversight over all aspects of Soldier's time at the WTU.

Soldier Family Assistance Center (SFAC): SFAC employees and liaisons provide resources and assistance in nearly every area of a Soldier's recovery and transition. Specifically they can assist with: human resources guidance; social services; financial counseling; transition and employment assistance; educational counseling; child, youth, and school services; and Defense Finance and Accounting Services.

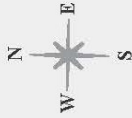
Squad Leader (SL): The Squad Leader serves as the first line supervisor to the Soldier and the link to Command. The SL is responsible for facilitating the resolution of administrative issues and helps guide the Soldier through the WTU process, while enforcing military standards.

Social Worker (SW): Social Workers provide support for emotional, social and family well-being. They help connect with additional services to foster healing and growth for Soldiers and their families.

Walter Reed National Military Medical Center Map



NSA Bethesda SHUTTLE & BUILDING MAP

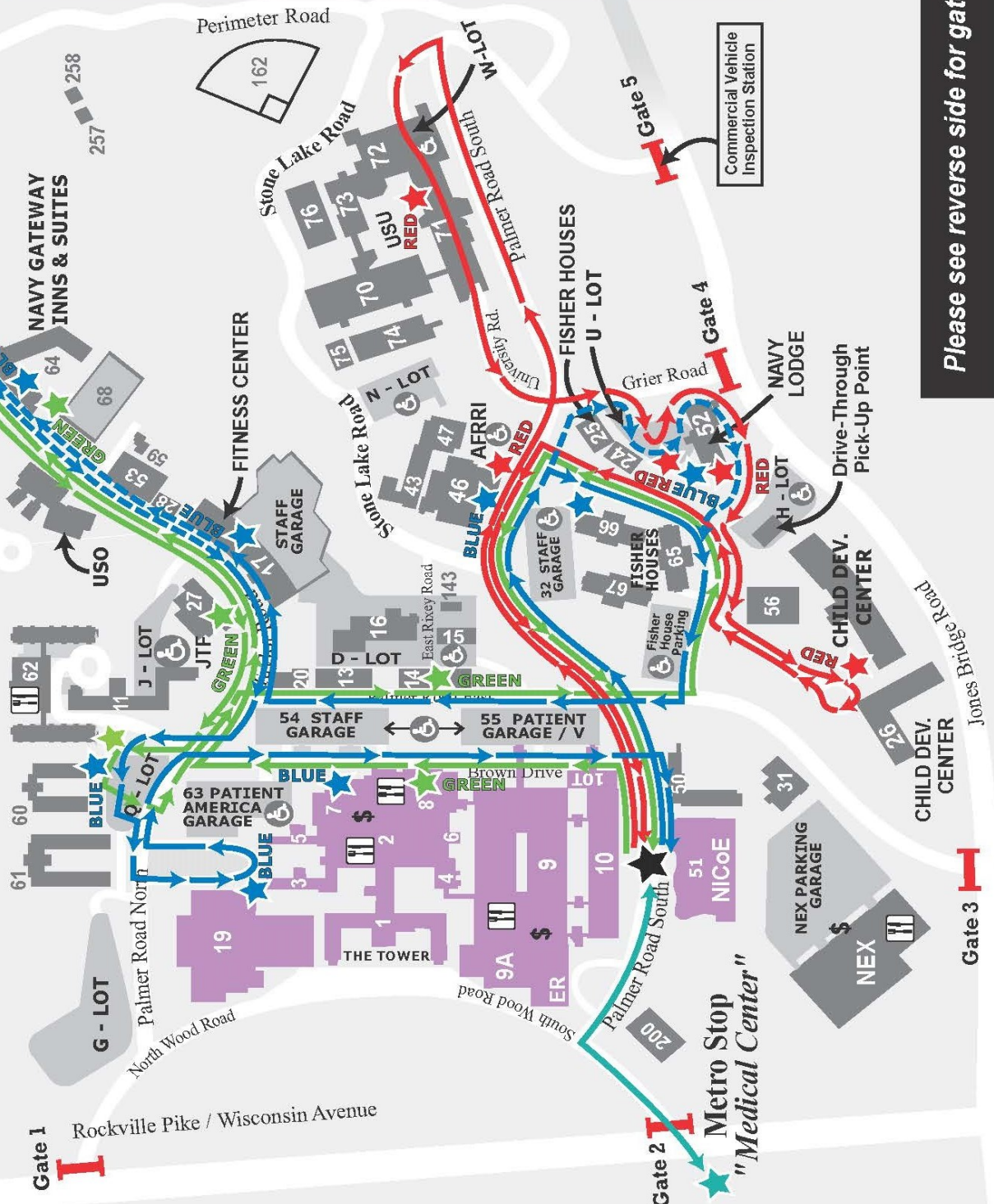


- Hospital
- Food
- ATM

SHUTTLE HOURS Monday-Friday:

★ **BUILDING 10**
Start of Shuttle Routes

- 1 **Medical Center**
Metro Shuttle Stop
• 5:30 A.M. – 6:30 P.M.
- 2 **Red Line Shuttle Stop**
- 3 **Green Line Shuttle Stop**
• 5:30 – 9:00 A.M.
• 2:45 – 6:30 P.M.
- 4 **Blue Line Shuttle Stop**
• 5:30 A.M. – 6:30 P.M.
Shuttle stops at Navy Lodge, Sanctuary Hall (Bldg. 64) and Z-Lot only between the hours of 9:00 A.M.–2:45 P.M.



Please see reverse side for gate and shuttle information.

<p>BLUE LINE:</p> <p><u>Hours of Operation:</u> 5:30 a.m. to 6:30 p.m.</p> <p><u>Stops on Route:</u></p> <ul style="list-style-type: none"> • Building 10 (Main Hospital Lobby) • Multi-Use Parking Structure / AFRRI • Building 66 (Fisher House) • Navy Lodge (Only from 9:00 a.m. to 2:45 p.m.) • Building 17 • Navy Gateway Inns & Suites/USO (Only from 9:00 a.m. to 2:45 p.m.) • Parking Lot Z (Only from 9:00 a.m. to 2:45 p.m.) • Building 27 • Parking Lot Q • America Building • Building 7 	<p>GREEN LINE: North Campus</p> <p><u>Hours of Operation:</u> 5:30 a.m. to 9:00 a.m. 2:45 p.m. to 6:30 p.m.</p> <p><u>Stops on Route:</u></p> <ul style="list-style-type: none"> • Building 10 (Main Hospital Lobby) • Building 8 • Navy Gateway Inns & Suites/USO • Parking Lot Z • Building 27 • Parking Lot Q • Building 14 (Facilities) • Back to Building 10 (Main Hospital Lobby) 	<p>RED LINE: South Campus</p> <p><u>Hours of Operation:</u> 5:30 a.m. to 9:00 a.m. 2:45 p.m. to 6:30 p.m.</p> <p><u>Stops on Route:</u></p> <ul style="list-style-type: none"> • Building 10 (Main Hospital Lobby) • Multi-Use Parking Structure / AFRRI • Parking Lot W (USU Garage) • Navy Lodge • Parking Lot H • Child Development Center (CDC) • Multi-Use Parking Structure / AFRRI • Back to Building 10 (Main Hospital Lobby) 	<p>MEDICAL CENTER METRO SHUTTLE:</p> <p><u>Hours of Operation:</u> 5:30 a.m. to 6:30 p.m.</p> <p><u>Stops on Route:</u></p> <ul style="list-style-type: none"> • Building 10 (Main Hospital Lobby) • Medical Center Metro Stop
<p>GATES</p> <p>Gate 1 (North Gate)</p> <p>Mon-Fri, 0500-0800: Three lanes inbound, one lane outbound Mon-Fri, 0801-1400: One lane inbound, one lane outbound Mon-Fri, 1401-1900: One lane inbound, three lanes outbound Sat-Sun & Holidays, closed * Pedestrians have 0500-1900 inbound/outbound access</p>	<p>Gate 2 (South Gate)</p> <p>Mon-Fri, 0500-0800: Two lanes inbound, one lane outbound Mon-Fri, 0801-1400: One lane inbound, one lane outbound Mon-Fri, 1401-1900: One lane inbound, two lanes outbound Mon-Fri, 1901-0459: One lane inbound, one lane outbound Sat-Sun, 0500-0459: Two lanes inbound, one lane outbound * Pedestrians have 24/7 inbound/outbound access</p> <p>Gate 3 (NEX Gate)</p> <p>Mon-Fri, 0500-0800: Two inbound lanes, two outbound lanes Mon-Fri, 0801-1900: One lane inbound, two outbound lanes * Pedestrians have 0500-1900 inbound/outbound access</p>	<p>Gate 4 (Navy Lodge Gate)</p> <p>Mon-Fri, 0500-0830: One lane inbound, one lane outbound Mon-Fri, 1500-1800: Outbound only * Pedestrian access Mon-Fri, 0500-0830</p> <p>Gate 5 (University Gate)</p> <p>Mon-Fri, 0500-1800: One inbound lane, one outbound lane * Pedestrian access Mon-Fri, 0500-1800</p>	



WARRIOR TRANSITION BRIGADE



NOTES